Imaging Spectrum of Renal Replacement Lipomatosis: A Case Series


1 Post-graduate student in Radiology, St. John’s Medical College, Bangalore, Karnataka, India.
2 Senior Resident in Radiology, St. John’s Medical College, Bangalore, Karnataka, India.
3 Associate Professor in Radiology, St. John’s Medical College, Bangalore, Karnataka, India.
4 Professor in Radiology, St. John’s Medical College, Bangalore, Karnataka, India.

ABSTRACT

Renal replacement lipomatosis is a rare benign entity, characterized by diffuse replacement of renal parenchyma, sinus and hilum with adipose tissue resulting in renal parenchymal atrophy. Etiology may be secondary to obesity, cushing’s syndrome, corticosteroid excess or idiopathic. Renal replacement lipomatosis is usually secondary to renal calculus and renal tuberculosis, occasionally occurs after renal infarction and is frequently associated with xanthogranulomatous pyelonephritis. CT provides a definitive diagnosis of renal replacement lipomatosis and is considered superior to ultrasonography, which is not very sensitive for detecting fatty proliferation. CT is considered to be best to differentiate renal replacement lipomatosis from other fat rich lesions, such as renal angiomyolipoma, retroperitoneal lipoma and liposarcoma.

KEY WORDS: Imaging, Lipomatosis, Renal, Sinus, Hydronephrosis.

BACKGROUND

Renal replacement lipomatosis represents an abnormal proliferation of the adipose tissue surrounding the renal pelvis of uncertain origin, associated with aging, obesity, steroid excess, infections and calcification. It is associated with processes causing atrophy of renal tissue. When long standing inflammation exists in a kidney, replacement lipomatosis may be the end result. The renal cortex is atrophied, with varying degrees of hydronephrosis or pyonephrosis and calculi [1]. CT accurately demonstrates the distinctive features of renal replacement lipomatosis which are abundant fatty tissue, characteristic distribution of fat within renal sinus and perinephric space with calculi and atrophied renal parenchyma.

CASE 1: A 66 year old elderly lady was admitted with complaints of right flank pain. She underwent open cholecystectomy and hysterectomy. Investigations revealed urinary tract infection with E.coli and Klebsiella sp. Creatinine clearance was 80 ml/ min and hemogram was unremarkable. CT showed an enlarged right kidney with hydronephrosis, parenchymal atrophy with marked fatty proliferation within the right renal sinus.

**CASE 2:** A 55 year old elderly lady was admitted with complaints of right flank pain. She had history of weight loss of 20 kg in the last 8 months. Open surgical drainage for a right flank abscess was done 4 months earlier. Investigation revealed urinary tract infection with E.coli. CT showed enlarged right kidney with hydronephrosis with marked fatty sinus proliferation.

**CASE 3:** A 30 year old pregnant woman presented in her 12th week of pregnancy with history of episodic bilateral flank pain and fever for past 2 years. Urine analysis revealed numerous pus cells. Culture of urine grew Staphylococcus aureus. Abdominal CT was not performed considering the pregnancy status. Magnetic resonance imaging revealed atrophy of bilateral kidneys, which are almost completely replaced by fat. Marked proliferation of the fatty tissue was also seen in the perinephric space.

**CASE 4:** A 62 year old gentleman presented with bilateral flank pain for 6 months, and hematuria for last 2 years. Physical examination was unremarkable. Urine analysis showed 30-35 red blood cells/hpf and 20-25 pus cells/hpf. CT revealed bilateral contracted kidneys with proliferation of the perinephric fat compressing the renal parenchyma, suggesting renal replacement lipomatosis.

**DISCUSSION**

Renal lipomatosis may mimic and may be confused with a neoplasm of the kidney. Some differential diagnoses include liposarcoma, lipoma, angiomyolipoma and transitional cell carcinoma of the renal sinus. In contrast to renal replacement lipomatosis, these tumors are usually located intrarenally or extrarenally outside the renal sinus [2].
Renal replacement lipomatosis may be due to chronic inflammation, 70% of which are associated with a calculus. Renal calculi have been found to cause obstruction of the renal collecting system, which subsequently results in hydronephrosis, chronic infection and eventual atrophy of the renal parenchyma. This is often followed by replacement of the destroyed renal parenchyma by fatty tissue [3]. The development of renal lipomatosis has also been attributed to long-term steroid administration, chronic leakage of urine in the perinephric tissue, renal tuberculosis and renal infarction. Other possible risk factors include aging, obesity, atherosclerosis and chronic urinary tract infection.

The radiological features of replacement lipomatosis may vary. Renal calculi are often present, and sometimes increased lucency in the area of the kidney due to increased amounts of fat may be recognized. This lucency replacing the normal water density of the kidney is the only specific radiographic change in replacement lipomatosis [4]. In some cases, fat may not be radiographically apparent, especially if a large amount of fibrous tissue is associated with it causing mass effect. The radiologic finding of a lucent mass surrounding a staghorn calculus with a non-functioning kidney is pathognomonic of renal replacement lipomatosis [5].

Ultrasound often shows a hypoechoic rim of residual renal parenchyma with a hyperechoic mass at the center, representing the lipomatous mass. CT demonstrates the destroyed renal parenchyma and the lipomatous mass with a negative attenuation similar to normal adipose tissue. CT features of renal replacement lipomatosis clearly distinguish this entity from hydronephrosis, cysts and non-fatty containing tumors based upon attenuation values [6]. Theoretically the attenuation of lipomatous tissue may approach zero simulating a hydronephrosis, cyst or myxoid liposarcoma if the fat/fibrous tissue ratio decreases. Fat containing neoplasms arising in the renal parenchyma, renal sinus, renal capsule or perinephric space such as angiomyolipoma, lipoma and liposarcoma should also be readily be differentiated from renal replacement lipomatosis. MR images may demonstrate renal cortical cysts, atrophy of kidneys, extensive perirenal soft tissue, and diffuse homogenous suppression of perirenal fat tissue [7].

CONCLUSION

Renal replacement lipomatosis is the result of severe atrophy or destruction of the renal parenchyma often caused by calculous disease with secondary marked proliferation of renal sinus, renal hilum and perirenal fatty tissue. Renal lipomatosis is a rare condition that should be differentiated from other neoplasms of the kidney. CT is an accurate method in diagnosing renal replacement lipomatosis obviating the need for diagnostic surgery in typical cases. When surgery is indicated for therapeutic reasons CT can often be of value in the preoperative planning to demonstrate the degree of fibrous fatty proliferation in relation to adjacent organs.

REFERENCES